



THE ADIRONDACK RUNNERS CLUB was founded in 1983 to promote the sport of running, both on a competitive and recreational basis. The club's total membership includes nearly three hundred runners from all over the Adirondack region. THE ADIRONDACK RUNNERS publishes a monthly newsletter and holds monthly informational meetings. The club sponsor six premier races each year in the Greater Glens Falls area, and, in addition, the club is the organizer and sponsor of the popular Summer Track Series held every Tuesday evenings in the months of June and July at the Queensbury High School track. (Please visit our website for additional details-adirondackrunners.org.) THE ADIRONDACK RUNNERS does not discriminate on the basis of age, sex, race, creed, national origin or physical challenge.

In awarding scholarships, THE ADIRONDACK RUNNERS seeks not only to promote running as a healthy lifestyle choice among our local youth but also to identify and recognize individuals who embody the *spirit of running*. Although length of running experience and level of achievement will be factors considered by the Scholarship Committee, substantial weight will also be given to the degree to which the applicant manifests the pleasure, benefits and unbridled joy of running.



THE ADIRONDACK RUNNERS (TAR) SCHOLARSHIP PROGRAM

* ELIGIBILITY REQUIREMENTS

- High school seniors from designated school districts in Warren, Washington, Hamilton, Essex and Saratoga Counties, or high school seniors who are TAR members-in-good-standing attending at *any* high school.
- Committed to attend a fully accredited 2 or 4 year college or university on a full-time basis.
- Completion of application packet.

* APPLICATION PROCEDURE

- Complete the entire application.
- Submit an official copy of high school transcript, including senior grades, and statement of extracurricular activities.

- **APPLICATION PACKET AND ALL SUPPORTING INFORMATION MUST BE RECEIVED BY FRIDAY APRIL 25, 2025.**
- **INCOMPLETE APPLICATIONS WILL NOT BE CONSIDERED.**

- **MAIL APPLICATION TO:**
Emily McCarthy, Chairperson
TAR Scholarship Program
92 Masters CMN N
Queensbury, NY 12804
Or scan and email to
Emilymccarthy125@gmail.com

* SELECTION PROCESS

- Applicants will be chosen by TAR's Scholarship Committee based on the following criteria:
 1. Academic achievement and extracurricular activities
 2. Essay
 3. Running Achievements and/or contributions to running and,
 4. School and Community Service.
- Applicants who are active members in good standing with The Adirondack Runners club will be given priority consideration.

* SCHOLARSHIP FUND DISBURSEMENT

- To be used in the fall semester of the upcoming school year.
- To be used for tuition, fees, books and supplies.
- Scholarship awards will vary up to \$1,000 and at the discretion of the Adirondack Runners Club.

* FOR MORE INFORMATION:

EMILY MCCARTHY
(Chairperson)

(DM) @emilymccabemccarthy
(C) 518.222.0491
emilymccarthy125@gmail.com



ADIRONDACK RUNNERS

THE ADIRONDACK RUNNERS SCHOLARSHIP PROGRAM

NAME _____

ADDRESS: _____

DATE OF BIRTH: _____

TELEPHONE: () _____

FATHER: _____

OCCUPATION: _____

MOTHER: _____

OCCUPATION: _____

HIGH SCHOOL YOU ARE CURRENTLY ATTENDING: _____

LIST OF COLLEGES/UNIVERSITIES TO WHICH YOU HAVE APPLIED:

LIST COLLEGE/UNIVERSITY OF YOUR FIRST CHOICE:

NAME: _____

INTENDED MAJOR: _____

1. ACADEMIC ACHIEVEMENT AND EXTRACURRICULAR ACTIVITIES

Please provide an official high school transcript including senior grades and listing of extracurricular activities, such as a resume.

2. REQUIRED ESSAY

On a separate typewritten sheet of paper, please provide a one-page essay on the topic
"Running and Me: My Journey."

3. RUNNING ACHIEVEMENTS AND/OR CONTRIBUTIONS TO RUNNING

On a separate piece of paper, please cite participation on interscholastic running teams, recognitions, runs/races completed, race volunteering, mentoring, etc.

4. SCHOOL and COMMUNITY SERVICE

Please list any participation in school and community service organizations outside of extracurricular activities.

UNUSUAL CIRCUMSTANCES:

Please list for Scholarship Selection Committee any special circumstances for you or your family.

Are you currently a member of The Adirondack Runners? Yes No

If "Yes," how long have you been a member? _____ Years.

Briefly list any Adirondack Runners' programs or activities in which you have attended, volunteered, or participated in as a member.

APPLICANT SIGNATURE: _____ DATED: _____

***DEADLINE: MUST BE RECEIVED BY FRIDAY, April 25, 2025**

***MAIL TO: EMILY MCCARTHY, Scholarship Chairperson
TAR SCHOLARSHIP PROGRAM
92 MASTERS CMN N
QUEENSBURY, NY 12804 or Scan and email to emilymccarthy125@gmail.com**