Lake George Elementary Café Lunch Menu

		WEDNESDAY1/1	THURSDAY 1/2	<u>FRIDAY 1/3</u>
		Holiday Recess	Holiday Recess	Holiday Recess
		No School	<u>No School</u>	<u>No School</u>
MONDAY 1/6	TUESDAY 1/7	WEDNESDAY1/8	THURSDAY 1/9	FRIDAY 1/10
Homemade Mac and Cheese	WG Chicken Nuggets	<u>Laker Bowl</u>	Breakfast for Lunch	Flip it up Friday
Buffalo or Regular Broccoli	Smiley Fries	Fresh Mashed potato, Garlic chicken breast, corn, brown gravy and a WG dinner roll	Pancakes, Hash browns and Sausage links	Assorted Homemade Pizza Or Ham and Cheese Flatbread
MONDAY 1/13	TUESDAY 1/14	WEDNESDAY 1/15	THURSDAY 1/16	FRIDAY 1/17
Spaghetti and Meatballs	Baked Mozzarella sticks	Hamburger, Cheeseburger,	Turkey, Bacon and Ranch	Assorted
No.	Pasta with marinara	Bacon Cheeseburger or black bean burger	Wrap	Homemade Pizza
Broccoli	Corn	Oven Fries	NY Chips	Garden Salad
MONDAY 1/20	TUESDAY 1/21	WEDNESDAY 1/22	THURSDAY 1/23	FRIDAY 1/24
Martin Luther King Jr. Day	<u>Taco Tuesday</u>	All Beef Hotdog	Toasted Ham and cheese or	Flip it up Friday
No School!	Hard or soft shell beef Tacos	Visite State of the State of th	Buffalo Chicken Flatbread	Assorted Homemade Pizza
All relations	Refried Beans	Baked Tots	Corn	Or Chicken Parm Sandwich
MONDAY 1/27	TUESDAY 1/28	WEDNESDAY 1/29	THURSDAY 1/30	FRIDAY 1/31
Pasta Bar:	Grilled Cheese Sandwich	Asian Lunar New Year	<u>Nacho Bar</u>	Assorted
Penne with choice of marinara,		No School!	Choice of Chicken or beef	Homemade Pizza
meat sauce, alfredo or pesto. Broccoli	Creamy tomato Soup		over WG tortilla chips with cheese sauce	Garden Salad

There is no charge for student meals at this time. Salad bar Entrees are available daily as well as a side to any hot line item. All lunches include a choice of 1% regular or fat free chocolate milk and a selection of fresh fruit. For convenient prepayment, please go to https://linqconnect.com. If you have a food allergy, please notify us. Allergen information for menu items is available.

Garden Fresh Salad Bar

Available Daily as an Entree or a side

Red Leaf Lettuce and Baby Spinach

Grape Tomatoes

Seedless Cucumber

Homemade Whole Grain Croutons

Chopped onion

Black olives

3 Bean Salad

Baby Carrots

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider